Dance II Ballet & Jazz Terminology

* Avant- forward
* Bas- low
* Coupe- cut, cutting
* Dedans- inward
* Degage- to disengage
* Dehors- outward
* Derriere- behind, back
* Devant- in front
* En- in
* Fondu- sinking down
* Haut- high
* Plie- to bend
* Port de bras- Carriage of the arms
* Releve- to rise
* Rond de jambe- Round of the leg, that is, a circular movement of the leg
* Tendu- to point & stretch



First Second Third Fourth Fifth

